



02/02/2021

Mindful Monday – Monday 8th February 2021

Dear Parent/Carer,

As you are aware learners at Beacon Hill Academy have access to a rich curriculum which enables them to make informed choices and prepare for the future. As part of this broad and balanced approach, learners take part in a number of Drop-Down Days throughout the year. These opportunities are crucial to helping us fulfil our mission to achieve excellence and create an aspirant culture through values driven education.

Our first Drop-Down Day 'Mindful Monday' will take place remotely on Monday 8th February 2021, learners in each year group will develop their knowledge and understanding of a number of topics and themes as outlined below.

Year Group	Themes and Topics
Year 7	Prevent – Extremism and Radicalisation, Anti Bullying – Positive Relationships, LGBTQIA , RSE – Puberty, Mental Health -Worry
Year 8	Prevent – Extremism and Radicalisation, Anti Bullying – Positive Relationships, LGBTQIA , RSE – Puberty, Mental Health -Worry
Year 9	Prevent – Extremism and Radicalisation, Anti Bullying – Cyberbullying, LGBTQIA , RSE – Sexual Consent, Mental Health - Worry
Year 10	Prevent – Extremism and Radicalisation, Anti Bullying – Cyberbullying, LGBTQIA , RSE – Sexual Consent, Mental Health – Depression, Anxiety and Beyond
Year 11	Prevent – Extremism and Radicalisation, Anti Bullying – Cyberbullying, LGBTQIA , RSE – Sexual Consent, Mental Health – Depression, Anxiety and Beyond

Details of further Drop-Down Days this year will be communicated with you in due course. In addition to the above, our tutor team will be making contact with parents/carers during the school day on Monday to check learner well-being and discuss levels of attendance and engagement with our distance learning provision. Please be mindful that this call may appear as a 'Private number'.

We thank you for your continued support.

Yours sincerely,

Mrs R Spicer
Associate Senior Leader for SMSC development



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